

Queensland Race Walking Club Inc.
Building on a fine tradition of race walking, 62 years in the making.



HEEL & TOE

November 9th 2017

Presidents Wrap on the Racewalking Queensland Invitational 5km

By Shane Pearson

Back in mid-May this year, Peter Bennett contacted me and said he had put forward an idea to the Gold Coast Commonwealth Games organizers. The idea was for the Queensland Race Walking club to host a Field of Play Trial event on behalf of Goldoc. This was called “Plan X”. I was sworn to secrecy until we had more information. Peter and I chatted a few times but never really got our hopes up until we got more feedback from Goldoc.

In early July, Peter and I were asked to go view the course that had been approved for the Comm Games and during this meeting we put forward again the idea of hosting an event. Shortly after that the idea was gaining momentum. An outline of an event was put forward to us. Peter emailed me and all it said was, “Plan X” might be a goer.

We were still waiting for confirmation of anything official. The people we had been speaking with were all on board for the race to go ahead, but they too were waiting for Executive Goldoc people to say “yes”. We were asked again to go to Currumbin and be involved in the measuring of the course.

Peter and I didn’t want just a race. We wanted to make it an event that we could proudly showcase the sport of Race walking and also the QRWC and what we could do. So, we started putting the puzzle together, gave it a name and started approaching a couple people to see what their thoughts were. Although we were now more confident it would happen, we still had to be quiet. As some of you will know, “organizing a Games this big is not a sprint but a marathon, and it takes time”. So, we waited and waited some more. Eventually 2 days before our end of season presentation we got the “YES” we were waiting for.

We had 4 weeks to turn “Plan X” into “Share the Dream “Our Showcase Event was now in full swing. Although he hasn’t said much or taken any of the lime light. Peter was the instigator that got the event to happen. He worked tirelessly in a very short time frame to make it happen. It all came together with everybody in the club being a part of it. But if it

wasn't for Peter in the first place this opportunity probably would not have happened. So, Peter deserves a huge thank you for his efforts.

Event Day!!

The day started very early for everybody. The weather looked a touch threatening. It did rain while I was driving down from Brisbane . All members of the club now had been given an outline of what was needed and where to be at what time.

We were honoured to have some illustrious names involved in the Race. Chief Judge Jill Huxley, Olympic Medalist Dane Bird-Smith and Jared Tallent, Commonwealth Medalist Claire Tallent just to name a few. Along with other Former and Current Australian Reps, Coaches, Athletics Australia officials and Representatives from Goldoc. Along with old members from the club that still wanted to be a part of the occasion.

Although it was hectic in the early part of the morning, by race time everything was in place. The Race started spot on 6am as requested with the very tight turn around we were given. Having athletes race in their international uniforms with reps from Australia, New Zealand and Ireland, it gave the event an exciting international feel as well. Plus, all our club members proudly wearing the QRWC uniform.



“So , what has Shane got planned for breakfast?”

Dane took to the lead early on at a casual pace, with a good tussle taking place just behind between Aussie reps Claire Tallent and Clara Smith. Jess Pickles was not far behind through the first lap. Dane wound the pace up a bit more in the 2nd lap. While all this was going on, the other athletes were fighting hard to put on a great show and achieve best times. For the locals who were walking along the beach wondering what it was all about, they got a chance to see some of Queensland, Australia's & World's best Race walkers in action. We were also being watched by Goldoc & the cycling fraternity that would be taking over the road after us. They too were extremely impressed with the organization of our event and the timely manner we got in and out before them.



Dane Bird-Smith casually wins the 5km

As Dane came through the 3rd lap. He pulled to the side for a small period to stretch. Claire came through to take the lead still closely followed by Clara. Jess was falling back slightly. Caitlin Hannigan was having a great walk as well and not that far back from the action up front. Dane got back on the road and stated to pick up the pace. He got back into the lead early into the last lap and came home comfortably to win in a relaxed time for him. He wanted to really get a feel for the course before next year's Games. As did Claire and other potential athletes trialing for next year's Comm Games. And that was what the day was to be all about. Kris Hayward was 2nd male with event organizer Peter 3rd. Claire was 1st female with Clara and Jess taking 2nd and 3rd. As Peter put all the results in last weeks newsletter I won't repeat that.

After we had then given everybody else the opportunity to walk the course and we all quickly packed up. We made our way down to the park for breakfast. A chef from my team, Jourdi, was on hand to cook up a storm and an appetizing spread was made available to all involved. Sharyn Wearne had a lot to do with organizing food for the breakfast and we had donations made by different suppliers of mine. Presentations were made to everybody. Be it Athlete, Official or Volunteer and we all had a chance to sit, eat, chat and rub shoulders with an amazing group of people. Something I noticed from where I was standing was everybody from the club involved seemed to have a fantastic day. I am so proud of you all. From the bottom of my heart, I want to congratulate you and thank each and every one of you that were apart of this experience. We have an amazing group of motivated and dedicated people in our small club. Time and time again this season you have showed me your passion for our sport and it's just fantastic to have this chance to work with you all. It may be a once in a life time opportunity for this to happen. So, I hope you to all had a great time.

*We got a huge thank you from Goldoc and they were very happy with how successful the Race Walking Queensland Invitational went. They had a chance to see what they were looking for and speak to elite athletes and Games Personnel. There was an article put into the Gold Coast Bulletin a few days before the event which some of our young members got their photo in the paper. There have also been 3 more articles since interviewing Dane and Claire. I have had a few more conversations with the journalist from the paper and there might be more to come. Once again to everybody at QRWC. Thank you. And I hope you enjoyed the opportunity to "Share the Dream".
Shane.*



A day for everyone to Share the Dream

All Photos: Courtesy of John Adams

2018 Pan Pacific Masters Games

ENTRIES ARE NOW OPEN

The QRWC is the host organisation for Athletics - Road Race Walks for the 2018 Pan Pacific Masters Games. The road walks will take place on the Luke Harrop Criterium Circuit next to the Sports Super Centre at Runaway Bay on Sunday November 11th 2018.

Every entry in the 10km road walk will benefit the club so please spread the word amongst your Masters friends.

Play it, Live it, Love it in Athletics – Race Walk at the world’s biggest and best biennial masters games, the Pan Pacific Masters Games, to be held 2 – 11 November 2018 on the Gold Coast. Entries are now open! #PPMG18

<https://mastersgames.com.au/ppmg/sports/athletics-road-race-walk/>

RESULTS RESULTS RESULTS

Senior Carnival & Junior Pentathlon

Sunday November 5th Sports Centre, Runaway Bay

Some more outstanding walk results at the Little A’s Carnival on Sunday at the Gold Coast. For some of our members it was their third or even fourth race in a week.

Girls U/11 1100m Race Walking

1 Porter, Charlotte Aspley 7:08.30 2 Skinner, Taylor Gold Coast 7:53.80
3 Conlon, Matisse Mt Gravatt 8:12.80 --- Kariko, Juliette Gold Coast DQ

Girls U/12 1500m Race Walking

1 Clarke, Anika Redlands 7:31.90 2 Heap, Ashanti Gold Coast 7:41.30 3 Hannigan, Tess Beadesert & Dist. 9:09.20 4 Schofield, Scarlett Ashmore 9:47.40
--- Lo, Tiani Algester DQ --- Thie, Faith Mt Gravatt DQ

Girls U/13 1500m Race Walking

1 Anderson, Jayda Gold Coast 7:18.80 2 Pearson, Asha Tweed 9:37.50
3 Porter, Sophie Aspley 9:49.00 4 Brady, Korey Aspley 9:59.50 5 Scott, Imogen Tweed 10:15.20 6 Gunter, Emily Ashmore 10:51.80 7 Newman, Claire Ipswich 10:56.50

Girls U/14 1500m Race Walking

1 Copping, Akazia Mudgeeraba 11:57.70

Girls U/15 1500m Race Walking

1 Schofield, Amelia Ashmore 8:46.20

Girls U/16 1500m Race Walking

1 Hannigan, Caitlin Beadesert & Dist. 7:02.20 2 McRoberts, Jasmine-Rose Redcliffe 10:01.00

Girls U/17 1500m Race Walking

1 Pearson, Jade Arana 9:17.50

Girls U/14 3000m Race Walking

1 Ofield, Mackenzie Caloundra 19:05.60

Girls U/15 3000m Race Walking

1 Schofield, Amelia Ashmore 16:32.00

Girls U/16 3000m Race Walking

1 Hannigan, Caitlin Beadesert & Dist. 14:07.70 2 McRoberts, Jasmine-Rose Redcliffe 20:30.30

Girls U/17 3000m Race Walking

1 Pearson, Jade Arana 19:43.50

Boys U/11 1100m Race Walking

1 Capps, Charlie Gold Coast 6:18.30 2 Wesseh, Tejean Algester 8:12.40
3 Manktelow, Tyler Springwood 8:19.40 4 Bradley, Alex Toowoomba South 8:20.40

Boys U/12 1500m Race Walking

1 McCure, Sam Ashmore 7:44.20 2 Bryant, Dylan Arana 11:41.40
--- Veivers, Max Ashmore DQ

Boys U/13 1500m Race Walking

1 McCure, Lachlan Ashmore 7:57.60

Boys U/14 1500m Race Walking

1 Wearne, Jonathan Redcliffe 8:51.30 2 Wirth, Connor Beenleigh 12:31.60

Boys U/14 3000m Race Walking

1 Wearne, Jonathan Redcliffe 16:42.90

CAMPEONATO SUDAMERICANO DE ATLETISMO MASTER

SANTIAGO – CHILE

Congratulation to Iggy Jimenez on winning the Gold medal in the South American Masters Championships in the 5,000 metres yesterday. Iggy will line up again tomorrow in the 10km road race. A familiar face for Iggy in Santiago at the Championships was World Masters Athletics President and Brisbane resident, Stan Perkins.

This Week

- On Saturday, November 11th Qld Masters have two race walk events on the programme at the SAF. There is 3,000 metres at 8.00am and the rare opportunity to race the 1 mile at 9.45am. Good opportunity to go for age group records in this event! This is a bring a friend day so *“bring a mate and you both compete for free!”*
- On Saturday evening Queensland Athletics have a Shield Meet with a 3,000/5,000 metres race starting at 8.15pm.
- On Sunday 12th Gold Coast Masters have 3,000 metres walk at Griffith Uni starting at 7.30am.

Australian 50km Championships

Fawkner Park, Melbourne Sunday December 3rd

7:00am Men's Australian Open 50km Race Walk Championship

Women's Australian Open 50km Race Walk Championships

8:00am Men's Open Invitational 20km Race Walk

Women's Open Invitational 20km Race Walk

Men's Under 20 Invitational 10km Race Walk

8:30am Women's Under 20 Invitational 10km Race Walk

9:40am Men's Under 18 Invitational 5km Race Walk

Women's Under 18 Invitational 5km Race Walk

To enter go to <https://50kmraceawak.eventdesq.com/>

Entries Close: Monday 27th November

Australian All Schools Championships

Friday December 8th - Sunday December 10th

SA Athletics Stadium, Adelaide, South Australia

All the walks are on the draft programme for Friday December 8th

3000 metres Walk Under 16 Boys 3:15 PM

3000 metres Walk Under 16 Girls 3:15 PM

3000 metres Walk Under 14 Girls 3:40 PM

3000 metres Walk Under 14 Boys 3:40 PM

5000 metres Walk Under 18 Girls 6:50 PM

5000 metres Walk Under 18 Boys 6:50 PM

2018 Australian 10,000m Walk Championships

It was reported during the week that the AA 10,000 metres track championships would not be held with the AA Track & Field Championships on the Gold Coast on February 15-18th. The advertised date for the track 10km is Saturday January 13th with the event to be held in Canberra.

Date: Saturday 13th January, 2018 **Location:** Canberra, ACT

Entry: \$30.00 per event **Entries close:** Monday 5th January, 2018

<https://10000mwalk.eventdesq.com/>

Racewalking Queensland

QRWC Annual Subscriptions

Family \$25.00

Students & Officials \$10.00

Others \$15.00

To register with Queensland Athletics, you must use their On-Line Registration.

Go to www.qldathletics.org.au

Race Day Fees

Students \$3.00 / Others \$5.00

Club/Track Championships \$8.00

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

qrwcregistrar@outlook.com Club membership enquiries and information

Racewalking Queensland Management Committee 2017/18

President: S Pearson

Secretary: N. McKinven

Vice President: P. Bennett

Treasurer: J. Heylen

Committee: I Jimenez, A Wearne, R Wales, R Hamann, J Pickles, S Langley

Patron: Patrick & Maxine Sela **Registrar:** A Wearne, S Wearne

Delegates to QA: R Wales, S Pearson

Equipment Officers: N McKinven, I Jimenez, P Bennett, S Pearson

Handicapper: N McKinven

Trophy Officer: N McKinven

Results: N McKinven

Canteen Convenor: G Jimenez

Publicity Officer: J Pickles

Blue Card Co-ordinator: J Haig

Coming Up

November 11th QMA Meet 3,000 metres 8.00am / 1 Mile 9.45am SAF

November 11th QA Meet 3,000/5,000 metres 8.15pm

November 12th GC Masters 3,000 metres Griffith Uni 7.30am

November 18th QMA 5,000 metres SAF 8.00am
November 25th QMA 3,000 metres SAF / 1,500 metres 9.45am
November 26th GC Masters 3/5km Griffith Uni 8.00am
December 3rd **Sunday** QMA 5,000 metres SAF 8.00am
December 3rd QA Meet 3,000/ 5,000 metres SAF
December 8th Australian All Schools Championships Adelaide
December 9th QMA 3,000 metres SAF 8.00am Memorial /Awards & Christmas Party
December 10th GC Masters 3/5km Griffith Uni 8.00am & Christmas Party
December 16th QMA 5,000 metres SAF 8.00am
December 3rd AA 50km Championship Fawkner Park, Melbourne.
December 8-10th Australian All Schools Championships Adelaide

Looking Further Ahead A big year coming up

January 7th QA Meet 3,000 /5,000 metres UQ St Lucia
January 13th AA 10,000 metre track championships Canberra
January 20-27th Oceania Masters Championships, Dunedin NZ
January 26th QA Meet 3,000 / 5,000 metres SAF
February 2-4th QA Open Track Championships 10km U20/Open
February 11th AA 20km Road Walk Championships Adelaide
February 15-18th AA Open Track Championships Gold Coast
February 22-25th QA Junior Track Championships
March 3rd QA Meet 3,000 / 5,000 metres SAF
March 14-18th AA Junior Track Championship Sydney
April 8th Commonwealth Games 20km Road Walks Currumbin
April 21-22 QMA Track & Field Championships SAF
April 26-29 AMA Track & Field Championships Perth WA
April 28-29th Australian Little A's Championships Gold Coast
May 5-6th World Race Walking Team Championships Taicang, China
June 10th LBG Federation Carnival Canberra
July 10-15th IAAF World Juniors Track Championships Finland
August 26th AA/Federation Road Walk Championships Sunshine Coast **TBA**
September 1-16th World Masters Athletics Championships Malaga, Spain
November 11th PPMG 10km road walk Runaway Bay 7.00am

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(Trading at the Queensland Race Walking Club Inc. ABN 59065512712)

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Others \$5.00

Club/Track Championships \$8.00

Track Championships – Non-Member \$ 15.00.

To register with Queensland Athletics, you must use their On-Line Registration.

Go to www.qldathletics.org.au

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>